

# People and personality

## 2

### VOCABULARY

Clothes and accessories | Adjectives to describe clothes and accessories | Adjectives with *-ing/-ed* | Personality adjectives

### GRAMMAR

Present Continuous | Present Simple and Present Continuous



## Outfit of the Day

follow ▾ ⋮

6,768 posts 86.2k followers 56 following

Show us your outfit of the day. Tell us what you have on. Tag #OOTD so that we can share on our profile.



Check out this #OOTD photo of Dana and Bret in their 'back-to-school' clothes. We really love Dana's shirt over top combination and Bret's jeans jacket.



#ootd #backtoschool



It's party time! So today's #OOTD comes from Tasha in her party clothes. We love her party accessories and the wonderful smile.



#ootd #partyoutfit



We are sharing Addie's #OOTD because we love the colours of her winter clothes. The blue gloves and scarf are a perfect match.



#ootd #winterclothes

## 2.1 Vocabulary

### Clothes

- 1 2.1 What clothes can you see in photos A–C? Study Vocabulary box A. In pairs, find three things that are NOT in the photos.

#### VOCABULARY A Clothes and accessories

##### Clothes and footwear

boots coat dress (fancy-dress) costume hoodie jacket jeans shirt shoes shorts sweater top tracksuit trainers trousers T-shirt underwear uniform

##### Accessories

baseball cap belt earrings glasses gloves handbag hat necklace scarf

- 2 **I KNOW!** Work in groups. Can you add more words to Vocabulary box A?
- 3 Read the posts. Whose OOTD do you like best? Why?
- 4 Which of the items from Vocabulary box A do you wear on the body parts below? Discuss in pairs.
- top part of your body
  - bottom part of your body
  - your head
  - your hands
  - your feet

5 2.2 In pairs, mark the sentences T (true) or F (false). Listen and check.

- 1  Sports teams with red shirts win more often.
- 2  Most jeans have a very small pocket for a watch.
- 3  People are stronger when they wear a Superman T-shirt.
- 4  Baseball players wear baseball caps to protect their eyes from the sun.
- 5  People usually lose about fifty socks each year.

6 2.3 Study Vocabulary box B. Which of the adjectives can you use to describe photos A–C?

**VOCABULARY B** Adjectives to describe clothes and accessories

baggy checked cotton dark leather light plain striped tight woolly

*Dana's got a checked shirt.*

7 In pairs, choose the correct option to describe photos 1–6. Go to page 138 to check your answers.

- 1 light blue *earring* / *necklace*
- 2 woolly *gloves* / *sweater*
- 3 leather *handbag* / *belt*
- 4 plain *skirt* / *dress*
- 5 striped *tracksuit* / *scarf*
- 6 tight *top* / *hoodie*

**WHAT'S IN THE PHOTO?**

Can you name these clothes and accessories?



8 2.4 Read the text and choose the correct option. Use the photos to help you. Listen and check.

- |                |            |             |
|----------------|------------|-------------|
| 1 a dark       | b light    | c tight     |
| 2 a striped    | b baggy    | c cotton    |
| 3 a striped    | b plain    | c checked   |
| 4 a boots      | b trainers | c gloves    |
| 5 a gloves     | b glasses  | c jeans     |
| 6 a hats       | b costumes | c earrings  |
| 7 a light blue | b striped  | c dark grey |
| 8 a cotton     | b woolly   | c leather   |



**WHO'S GOT STYLE?**

**André** usually wears <sup>1</sup>\_\_\_ trousers, and they're quite <sup>2</sup>\_\_\_ too. He likes to wear a <sup>3</sup>\_\_\_ cotton shirt over a white T-shirt. He's got sunglasses, some jewellery and white <sup>4</sup>\_\_\_ with green laces.

**Cleo's** black leather <sup>5</sup>\_\_\_ are super cool. She's got a few pieces of jewellery: a silver necklace, a bracelet and some really big <sup>6</sup>\_\_\_. Cleo likes to wear <sup>7</sup>\_\_\_ jeans and her favourite black <sup>8</sup>\_\_\_ jacket.

**VIDEO**



**WIDER WORLD**

9 10 Watch six people talking about what they wear for different occasions. Write down the clothes they mention.

10 In pairs, ask and answer the questions.

- What do you wear when you ...
- play sport?
  - go to a wedding?
  - go to a party?
  - go to bed?

A: *What do you wear when you go to a party?*  
 B: *I usually wear jeans and a T-shirt. I never wear a suit.*

## VIDEO



## WHAT ARE YOU WEARING?

Mum: Mia? Are you getting ready? Dad's making some toast. Do you want some?

Mia: Yes, I'm nearly ready. Don't worry. I'm having some fruit and yoghurt.

*Phone ringing*

Noah: Mia? Are you coming? I'm at the bus stop.

Mia: Er, yes, I am. I'm leaving now. Hey, what are you wearing?

Noah: Huh? I'm wearing my uniform, of course. See you in a minute.

*One minute later*

Mia: Ta-Da!

Noah: What? Mia, you've got a beard! People are looking at you. And why are you wearing a scarf on your head?

Mia: I'm a pirate! This is my fancy-dress costume for Charity Day, of course.

Noah: It's cool, but ...

Mia: Yeah. I've got my dad's shirt and Gran's old belt ... But you aren't wearing your fancy-dress costume.



Noah: Is it really Charity Day today? I'm going home to change.

Mia: Noah! There isn't time. The bus is coming.

Noah: You're right. I'm just checking something ...

Mia: Why are you laughing?

Noah: Guess what? It isn't Charity Day today. It's next week!

- 1 11 2.5 Describe the photo. Why hasn't Mia got her uniform on? Watch or listen and check.

## SET FOR LIFE



2 How can you remember important events? In pairs, discuss the ideas below. Which things do you normally do? What would you like to try?

- have a noticeboard at home with sticky notes
- use app/phone notifications
- make a note in your diary or on a calendar

- 3 Study the Grammar box. Find more examples of the Present Continuous in the dialogue.

## GRAMMAR Present Continuous

+	-
I'm <b>leaving</b> now. He's <b>making</b> some toast. They're <b>looking</b> at you.	I'm <b>not laughing</b> . He <b>isn't wearing</b> a costume. They <b>aren't talking</b> .
?	
Are you <b>coming</b> ? Is he <b>going</b> home? Are they <b>eating</b> ? Why <b>are</b> you <b>laughing</b> ?	Yes, I <b>am</b> ./No, I'm <b>not</b> . Yes, he <b>is</b> ./No, he <b>isn't</b> . Yes, they <b>are</b> ./No, they <b>aren't</b> .

- 4 Make affirmative (✓) and negative (X) sentences in the Present Continuous.

- Mia: sleep X get ready for school ✓  
*Mia isn't sleeping. She's getting ready for school.*
- Noah: pack his bag X wait for Mia ✓
- Mia's parents: eat lunch X have breakfast ✓
- Mia: leave early X talk on the phone ✓

- 5 Make questions in the Present Continuous. In pairs, use the dialogue in Exercise 1 to answer the questions.

- Mia / have / breakfast / ?
- Mia's parents / eat eggs / ?
- Mia / wear / her school uniform / ?
- Why / Noah / laugh / ?

A: *Is Mia having breakfast?* B: *Yes, she is.*

- 6 2.6 Complete the dialogue with the Present Continuous form of the verbs in brackets. Listen and check.

- Dad: Are you having (have) breakfast, Katie?  
Katie: Yes, I \_\_\_\_\_ (eat) a sandwich.
- Mum: Why \_\_\_\_\_ you \_\_\_\_\_ (put on) your trainers?  
Sam: I \_\_\_\_\_ (go) for a run.

## YOUR WORLD

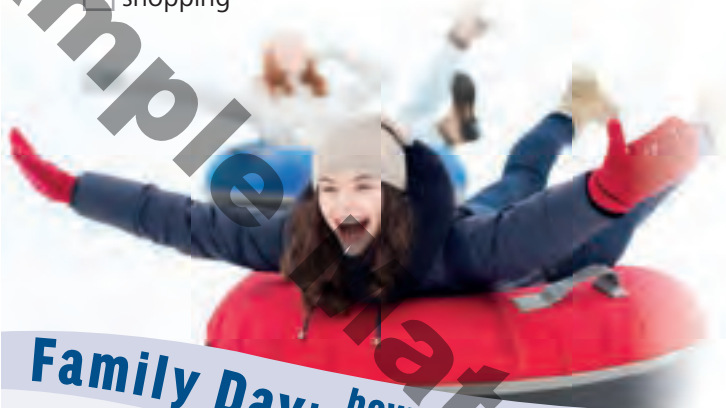
- 7 In pairs, ask and answer questions about what your friends and family are doing at the moment.

A: *What's your mum doing?* B: *She's ...*

## Family Day

- 1 2.7 Which of these activities do you and your family often do together? Read the article and tick (✓) the activities which are mentioned.

- |   |  |
|---|--|
| <input type="checkbox"/> doing a sport            | <input type="checkbox"/> watching films                    |
| <input type="checkbox"/> having a meal or a snack | <input type="checkbox"/> taking part in outdoor activities |
| <input type="checkbox"/> playing board games      | <input type="checkbox"/> shopping                          |



### Family Day: how are Canadians celebrating?

Research shows that many families are only together for about thirty minutes each weekday and ninety minutes on weekend days. Canada's answer to this problem is Family Day in February. Special activities are free for families, so they can spend time together. Do families enjoy it? Here's our mini survey from the Winter Festival.

**Justin:** It's really cold in Ottawa today – about minus ten degrees – so we're all wearing thick jackets and snow boots. We're spending Family Day at the Winter Festival. Dad's got his penguin hat on and is singing songs from *Frozen*. It's embarrassing, but he's very funny. The Winter Festival is definitely better than boring family shopping trips!

**Fleur:** At home, I sometimes argue with my brother as he can be annoying. But right now, we're enjoying Family Day together. The music's relaxing, and we're looking at interesting ice sculptures of animals and birds.

**Natasha:** The giant ice slides are really exciting! My little sister's frightened of big slides, but there are small slides for kids. I'm tired because there's a long queue for the slide, but it's OK because we're drinking hot chocolate and we're eating marshmallows.

What about you? Are you celebrating Family Day? Is it a good idea? We want to hear your opinions.

- 2 Read the article again and answer the questions.

- How long do families normally spend together each weekday?
- When do Canadian families celebrate Family Day?
- What is the temperature in Ottawa today?
- What types of frozen statues are at the festival?
- What food and drink can you find at the festival?

- 3 2.8 Study the Vocabulary box. Which of the words can you find in the article?

#### VOCABULARY Adjectives with -ed/-ing

A person, thing or situation is ...

annoying boring embarrassing exciting  
frightening interesting relaxing tiring

You are/get/feel ...

annoyed bored embarrassed excited  
frightened interested relaxed tired

- 4 Complete the words in the sentences with *-ing* or *-ed*.

- Ella loves ice-skating, but I'm not interested.
- I hate high slides. They're frightened.
- Do you feel tired on Fridays?
- I feel embarrassed in this costume.
- The music at this festival is annoying.

- 5 In pairs, use words from the Vocabulary box to give your opinions about the activities in Exercise 1.

A: *I think playing board games is interesting.*  
B: *I don't agree. I think it's boring.*

#### VIDEO



#### WIDER WORLD

- 6 12 Watch three people talking about how they feel on different occasions. Write down as many adjectives to describe feelings as you can.

- 7 In pairs, use words from the Vocabulary box to say how you feel in these situations.

- Your team is losing 5–0.
- You make a silly mistake.
- It's the last day of school.

*I feel annoyed/It's annoying when ...*

## Time for a change?

It's good to get outside and try new activities. Share your photos and ideas with us.



## Dylan, Glasgow

I always get up late on Saturdays. I usually have breakfast at lunchtime! But this week my parents are doing some work on the house. They're changing the windows and they're putting in a new kitchen. The noise is terrible. So today I'm breaking my usual Saturday routine. It's only 9 a.m., but I'm not lying in my bed. I'm with my friend Gareth, and we're walking up a mountain. The sun is shining on my back. It's great! Gareth does this every week. Now I understand why.

1 2.9 Read Dylan's text and answer the questions.

- When does Dylan usually have breakfast on Saturdays?
- What is he doing today? Why?

2 Study the Grammar box. Find more examples for each rule in Dylan's text.

## GRAMMAR

## Present Simple and Present Continuous

- Present Simple

Facts, habits and routines

*I usually have breakfast at lunchtime.*

- Present Continuous

Things happening at the moment of speaking

*We are walking up a mountain.*

Things happening around now but maybe not at the moment of speaking.

*This week my parents are doing some work on the house.*

3 Choose the correct option.

- We *study* / *are studying* algebra this semester.
- Leo *saves* / *is saving* his money to buy trainers.
- Sam's two, so he *doesn't go* / *isn't going* to school.
- How often *do you play* / *are you playing* video games?
- You *don't watch* / *aren't watching* this. Can I change the channel?

4 Make sentences with *but* to compare what usually happens and what is happening now.

	Usually	Now
Jenny	go to bed late	tonight/early
Mike	get the bus	today/ride a bike
Abel	not read novels	a great book/at the moment
Anna	wear jeans	this morning/a skirt
We	eat meals inside	this week/sit outside

*Jenny usually goes to bed late, but tonight she's going to bed early.*

5 Look at Exercise 4 and make sentences about you.

6 2.10 Complete the text with the Present Simple or the Present Continuous form of the words in brackets. Listen and check.

## Poppy, Norwich

I <sup>1</sup> *usually go* (usually/go) straight home after school.

I <sup>2</sup> \_\_\_\_\_ (do) my homework and then I <sup>3</sup> \_\_\_\_\_

(play) games online. But today I <sup>4</sup> \_\_\_\_\_ (not sit) at home.

I <sup>5</sup> \_\_\_\_\_ (walk) our dog because I want to be outdoors

and get fit. Dottie <sup>6</sup> \_\_\_\_\_ (never/listen) to me, so she

<sup>7</sup> \_\_\_\_\_ (not walk), she <sup>8</sup> \_\_\_\_\_ (run)!

7 In groups, ask and answer questions to complete the sentences. Compare answers with another group.

- Adam* doesn't like dancing.
- \_\_\_\_\_ always arrives on time.
- \_\_\_\_\_ laughs a lot.
- \_\_\_\_\_ is learning to play an instrument.
- \_\_\_\_\_ is working hard these days.

A: *Adam, do you like dancing?*

B: *No, I don't.*



- 1 2.11 Study the Vocabulary box. Are these adjectives positive (+), negative (-) or neutral (0)? In pairs, compare your answers.

### VOCABULARY Personality adjectives

- bossy    chatty    cheerful    clever  
 confident    friendly    funny    helpful  
 kind    lazy    polite    quiet    rude  
 selfish    shy    tidy

- 2 2.12 Complete the texts with words from the Vocabulary box. Listen and check.

My friend Jamie's nice, but he can be <sup>1</sup>*selfish* because he often thinks of himself first. Also, he never listens to the teacher at school. I think that's very <sup>2</sup>\_\_\_\_\_! Jamie's still a good friend because he's very <sup>3</sup>\_\_\_\_\_ – he's always smiling.

My friend Zanna gets good grades because she's <sup>4</sup>\_\_\_\_\_ and she studies a lot too. She leaves clothes all over her room, but her older sister is <sup>5</sup>\_\_\_\_\_ and puts things away. Zanna's sister is <sup>6</sup>\_\_\_\_\_. She often tells Zanna what to do!

- 3 Tell your partner about the personality of a person in your family.  
*My sister is always happy. She's also kind.*
- 4 Look at the photos. What are the people doing? Think of some adjectives to describe their personalities.

- 5 2.13 Listen to five people talking about their best friends. Which speakers (1–5) are talking about photos A and B?

- 6 2.13 Listen again and choose the correct answer.

- What does the speaker say about Zanna?
  - She's a good student at school.
  - She likes to wear her sister's clothes.
  - They share the same hobbies.
- What is the speaker doing to help his grandfather?
  - cooking
  - telling stories
  - making tea
- How is Kim helping her friend?
  - She's teaching her skateboarding.
  - She's helping her make friends.
  - She's practising a new language with her.
- When do the two friends have football training?
  - On Tuesdays.
  - On Thursdays.
  - On Saturdays.
- What does the speaker say about her friend Jordan?
  - He's older than her.
  - He makes her laugh.
  - He sees her every day.

### YOUR WORLD

- 7 In pairs, choose three adjectives from the Vocabulary box to describe:
- your personality.
  - your best friend's personality.
  - the personality of a perfect friend.
- I'm chatty, Tom is quiet ...*

## VIDEO



## THE STREET DANCE LESSON

- Noah: Hiya Lena! What's up? You don't look very happy.
- Lena: I'm having a bad day. My phone isn't working. It's really annoying.
- Noah: That's terrible! So what are you doing here?
- Lena: I'm waiting for Mia. We're working on an art project together this week.
- Noah: Good for you!
- Lena: What about you? How's life?
- Noah: Fine... Er, I'm learning street dance. The class usually starts at seven.
- Lena: Street dance? No way! How's it going?
- Noah: I'm enjoying the lessons. They're fun and relaxing! Hang on, I've got a message. Oh no, I don't believe it!
- Lena: What's the matter? What does it say?
- Noah: There's no lesson today. The teacher isn't coming. He's ill.
- Lena: What a shame! Do you want to practise some dance moves?
- Noah: Cool! Let's warm up first. Copy me.
- Lena: Um. It isn't easy in skinny jeans. This is interesting, but it isn't relaxing!



## SOUNDS GOOD!

What's up? • How's life? •  
How's it going?

- 1 13 2.14 Watch or listen. What are Lena and Noah doing? Why?
- 2 Study the Speaking box. Find examples of the phrases in the dialogue.

## SPEAKING Giving and responding to news

## Giving news

I'm learning (how to) ...  
I'm spending a lot of time with/in ...  
I'm feeling annoyed/excited because ...  
I'm working on ...  
He/She isn't feeling well.

## Responding to news

Well done! Good for you! Awesome! Great! Cool!  
That's terrible! What a shame! Poor you!  
No way! I don't believe it! You're kidding!

## 3 2.15 Choose the correct option. Listen and check.

- 1 A: My exams are going well.  
B: \_\_\_\_  
a Poor you!                      b No way!  
c Well done!
- 2 A: I'm not sleeping well these days.  
B: \_\_\_\_  
a What a shame!              b Good for you!  
c No way!
- 3 A: I'm learning how to speak Chinese.  
B: \_\_\_\_  
a You're kidding!              b What a shame!  
c That's terrible!
- 4 A: My phone isn't working.  
B: \_\_\_\_  
a Awesome!                      b Poor you!  
c Great!

## 4 2.16 In pairs, respond to the news below. Use the correct intonation. Listen and check.

- 1 I'm writing a blog.  
2 I can't find my phone. It has all my photos on it!  
3 I'm winning the game!  
4 My mum says I can't go out this weekend!

## YOUR WORLD

- 5 In pairs, give and respond to news about your life. Use the Speaking box to help you.

A: *I'm doing well at school.*

B: *Great!*



Dear Student,

Thank you for agreeing to this exchange visit. Here's a photo of our visitors!

Boys: Haru, fourteen, and Kota, fifteen

Girls: Emi, fifteen, and Asa, fourteen

Their arrival date is 5 November. Please tell them:

- some facts about you and your family.
- some information about a normal school day.
- some advice about what clothes to wear at school.

Thank you for your help,  
Mrs Tanaka, Head Teacher

NEW HORIZON  
HIGH SCHOOL  
TOKYO



- 1 A group of students from Japan want to visit your school. In pairs, read the message from their head teacher and answer the questions.

- 1 What is the date of their visit?
- 2 What do they need to know?

- 2 Read the email. Who is it from?



1 Dear Haru,

2 I'm writing to tell you about myself and my family.

3 My name's Nina. I'm fifteen and I have two brothers. Ed is twelve and Luke is ten. They're funny and outgoing. We like listening to music, so the house isn't very quiet. Our school is Linwood High. Lessons start at 8.45 and finish at 3.15. I play volleyball after school on Wednesdays, and we have matches at the weekend. Some schools in the USA have uniforms, but we don't. Most people wear T-shirts and jeans with trainers.

4 I'm looking forward to meeting you on 5 November!

5 Best wishes,  
Nina

- 3 Study the Writing box. Find examples of the phrases in the email.

### WRITING A semi-formal email with information

#### 1 Greeting

Dear (name)

#### 2 Explain reason for writing

I'm writing to ...

#### Give more information

3 My friends and I ... Our school is ...

Some/Most people ...

#### 4 Close your email

I'm looking forward to ...

#### 5 Closing phrase

Best wishes Kind/Best regards

- 4 Study the Language box. Complete the phrases below with the correct prepositions.

### LANGUAGE Prepositions of time

AT the weekend night 2 p.m. New Year

ON 3 May New Year's Eve Saturday(s)

IN the morning the evening 2020 October

- 1 on your birthday
- 2 \_\_\_\_\_ Valentine's Day
- 3 \_\_\_\_\_ half past five
- 4 \_\_\_\_\_ 1999
- 5 \_\_\_\_\_ Tuesday
- 6 \_\_\_\_\_ April

### WRITING TIME

- 5 Choose one of the other Japanese students from Exercise 1 and write an email to him/her.

#### 1 Find ideas

Make notes about:

- your family and friends.
- your normal school day.
- the clothes students wear in your school.

#### 2 Plan

Organise your ideas into paragraphs. Use Nina's email to help you.

#### 3 Write and share

- Write a draft email. Use the Language box and the Writing box to help you.
- Share your email with another student for feedback.
- Write the final version of your email.

#### 4 Check

- Check language: are the prepositions of time correct?
- Check grammar: are most verbs in the Present Simple with some in the Present Continuous?



# Vocabulary Activator

## WORDLIST

2.17

### Clothes and accessories

baseball cap (n)  
belt (n)  
boots (n)  
coat (n)  
dress (n)  
earrings (n)  
(fancy-dress) costume (n)  
glasses (n)  
gloves (n)  
handbag (n)  
hat (n)  
hoodie (n)  
jacket (n)  
jeans (n)  
necklace (n)  
scarf (n)  
shirt (n)  
shoes (n)  
shorts (n)  
sweater (n)  
top (n)  
tracksuit (n)  
trainers (n)  
trousers (n)  
T-shirt (n)  
underwear (n)  
uniform (n)

### Adjectives to describe clothes and accessories

baggy (adj)  
checked (adj)  
cotton (adj)  
dark (adj)  
leather (adj)  
light (adj)  
plain (adj)  
striped (adj)  
tight (adj)  
woolly (adj)

### Adjectives with -ed/-ing

annoyed (adj)  
annoying (adj)  
bored (adj)  
boring (adj)  
embarrassed (adj)  
embarrassing (adj)  
excited (adj)  
exciting (adj)  
frightened (adj)  
frightening (adj)  
interested (adj)  
interesting (adj)  
relaxed (adj)  
relaxing (adj)

tired (adj)  
tiring (adj)

### Personality adjectives

bossy (adj)  
chatty (adj)  
cheerful (adj)  
clever (adj)  
confident (adj)  
friendly (adj)  
funny (adj)  
helpful (adj)  
kind (adj)  
lazy (adj)  
polite (adj)  
quiet (adj)  
rude (adj)  
selfish (adj)  
shy (adj)  
tidy (adj)

### Extra words

beard (n)  
bracelet (n)  
celebrate (v)  
change clothes  
feel (v)  
festival (n)  
footwear (n)

get fit  
have a meal  
have fun  
hobby (n)  
indoors (adv)  
jewellery (n)  
laces (n)  
look cool  
outdoors (adv)  
outgoing (adj)  
party (n)  
person (n)  
pocket (n)  
protect from (v)  
shopping trip (n)  
snow boots (n)  
socks (n)  
spend time  
style (n)  
summer (n)  
sunglasses (n)  
walk a dog  
wear (v)  
wedding (n)  
winter (n)

## 1 Use words from the wordlist to find these things.

- three items of jewellery *earrings, ...*
- five things you can wear on your feet
- four negative adjectives that can describe personality
- three adjectives ending in *-ed* that describe positive emotions
- two words that describe materials for clothes

## 2 Complete the words in the sentences. Use the opposites of the words in bold. Use the wordlist to help you.

- Paul isn't **shy**, he's quite *outgoing*.
- He isn't **rude**, he's very p\_\_\_\_\_.
- Paul isn't **quiet**, he's usually c\_\_\_\_\_.
- He isn't very **sad**, he's very c\_\_\_\_\_.

## 3 In pairs, replace the words in bold to make correct definitions. One sentence is correct. Use words from the wordlist to help you.

- You wear **boots** to keep your hands warm. *gloves*
- A **rude** person knows the right answers in class.
- Dark blue** is a popular colour for jeans.
- A great party with all your friends is very **excited**.
- Teachers are **relaxed** when students talk in class.

## 4 In pairs, describe your favourite clothes. Use words from the wordlist to help you.

*I like checked shirts and tight jeans.*

## 5 In pairs, say what you think about these things. Use *-ing* adjectives from the wordlist.

fancy-dress parties jewellery lazy people  
New Year school uniforms selfish people  
summer tracksuits

*I think fancy-dress parties are exciting.*

## 6 2.18 PRONUNCIATION Listen to the underlined vowel(s) in each word and decide which sound you hear. Write the word in the correct column.

baggy belt cap chatty checked dress  
fashion friendly jacket leather relaxing  
sweater tracksuit

/æ/

*baggy*

/e/

## 7 2.19 PRONUNCIATION Listen, check your answers to Exercise 6 and repeat.

# Revision

## Vocabulary

- Complete the words in the sentences. Then make the sentences true for you.
  - I don't like trousers , I prefer jeans.
  - I don't usually wear a bo with my jeans.
  - I never leave my socks and unde on the bedroom floor.
  - I love to wear my tee at the weekend.
  - I think hats are cool, but bo clo are boring.
  - In my opinion, school un is a great idea.  
*Trousers are OK, but I prefer jeans.*
- Complete the second sentence so that it means the same as the first one. In pairs, say if the sentences are true for you.
  - I'm not interested in family activities.  
I don't think family activities are *interesting* .
  - I get bored when I go shopping with my parents.  
I think shopping with my parents is \_\_\_\_\_ .
  - In my opinion, waking up early is annoying.  
I feel \_\_\_\_\_ when I wake up early.
  - I think it's relaxing to watch films with friends.  
I feel \_\_\_\_\_ when I watch films with friends.
  - When we have a big family party I feel tired.  
I think big family parties are \_\_\_\_\_ .

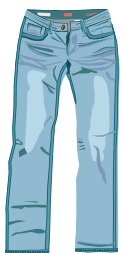
*I don't agree. I think family activities are sometimes interesting.*
- Look at the pictures and complete the email with adjectives from the wordlist.



Dear Fantastic Fashion,

I've got problems with my new clothes from your website. The jeans are dark blue, but I want <sup>1</sup>*light* blue ones. The T-shirt is baggy, but I like <sup>2</sup>\_\_\_\_\_ T-shirts. The plain <sup>3</sup>\_\_\_\_\_ hat is nice and warm, but it's very big. And the note says you don't have any more <sup>4</sup>\_\_\_\_\_ shirts, so there's an awful striped one instead. It's really annoying!

Please help,  
Sam



## Grammar

- Complete the questions with *is, are, do or does*. In pairs, ask and answer the questions.
  - Are* you wearing a T-shirt today?
  - \_\_\_\_\_ the sun shining at the moment?
  - \_\_\_\_\_ the person next to you have a tidy desk?
  - \_\_\_\_\_ your friend wear a lot of jewellery?
  - \_\_\_\_\_ you like checked shirts?
- Complete the message with the Present Simple or the Present Continuous form of the verbs in brackets.

17.18

Hey Max!

How are things with you? <sup>1</sup>*Are you going* (you/go) to your art classes these days?

My cousins <sup>2</sup>\_\_\_\_\_ (visit) us at the moment. 😞

They <sup>3</sup>\_\_\_\_\_ (come) to stay every summer, but

I <sup>4</sup>\_\_\_\_\_ (not like) it when they visit. They

<sup>5</sup>\_\_\_\_\_ (not like) any of the things I do. Now

they're in the living room. They <sup>6</sup>\_\_\_\_\_ (give)

a concert for Mum and Dad. 😊 I'm sure my parents

<sup>7</sup>\_\_\_\_\_ (not enjoy) it. I <sup>8</sup>\_\_\_\_\_ (not stay) here!

I <sup>9</sup>\_\_\_\_\_ (leave) the house for a walk.

Message me soon!

- Write answers to the questions. Use *at, in or on* with a time expression. Then compare with a partner.
 

When do you usually ...

  - have a shower?
  - eat a lot?
  - go on holiday?
  - go out with friends?
  - go to bed?
  - wear T-shirts and shorts?

*I usually have a shower in the morning.*

## Speaking

- In pairs, role play the situation. Student A, look below. Student B, go to page 138.

Student A

- Think of some interesting news to tell Student B. Use the ideas below to help you.

a new hobby a difficult test wait for a friend

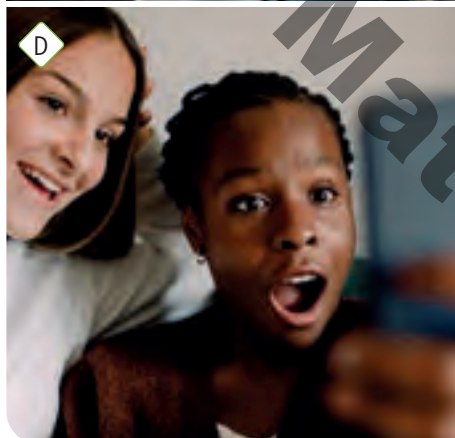
- Say hello to Student B.
- Ask what's new in Student B's life.
- Listen and respond to Student B's news.
- Give your news.

## Dictation

- 🔊 2.20 Listen. Then listen again and write down what you hear during each pause.



## Is everything OK?



**1** In pairs, study the body language of the people in the photos and answer the questions.

Which person ...

- 1 is looking down?
- 2 is looking away?
- 3 is shouting?
- 4 is smiling?
- 5 has got wide eyes?
- 6 has got his/her head in his/her hands?
- 7 is moving his/her hands and arms?

**2** How are the people in the photos feeling? In pairs, discuss how their body language shows their emotions. Use the adjectives below to help you.

angry annoyed bored calm embarrassed  
excited happy nervous shy stressed surprised  
tired worried

*I think the girl in photo A is feeling angry because she's shouting.*

**3** In pairs, answer the questions.

- 1 Which of the emotions in Exercise 2 are positive and which are negative?
- 2 Think of situations when you feel the emotions. How do you usually react?

*I'm angry when my sister uses my phone. I usually ...*

**4** Read the messages between two friends. Why doesn't Ben want to come out?

Tamsin

Hey, Ben – do you want to come out for a pizza tonight?

Ben

No, I can't. I need to study tonight.

Tamsin

But it's Friday! 😊

Ben

I know, but I've got a test on Monday.



Tamsin

You never come out with us anymore, Ben. 😞 Why not?

Ben

Don't you understand? I don't want a pizza. Stop messaging me, OK?

# Understand other people's emotions

- 5 Why do you think Ben is behaving like this? In pairs, discuss possible reasons.
- He doesn't like Tamsin any more.
  - He's worried about his schoolwork.
  - He prefers studying to going out.
- 6  2.21 Tamsin phones Ben. Listen to the conversation and check your answer to Exercise 5. What does Tamsin suggest doing tomorrow?
- 7  2.21 Study the Useful Phrases box. Then listen again and tick (✓) the expressions you hear in Ben and Tamsin's conversation.
- 8 In pairs, read the situations below. Discuss how the people are feeling and how they might show those emotions with their body language.
- Emma is a new student in your class. She never speaks to the other students.  
*She is feeling shy. She never smiles and often looks down.*
  - Joe often makes mistakes when he speaks English. Some students in class laugh at him and make silly comments.
  - Most students in your class have got good marks for the year, but Harry has got bad marks.
- 9 Read the Useful Tips. In class, discuss the questions.
- Do you find it difficult or easy to talk about emotions with other people?
  - Do you always follow the tips when you talk to your friends?

## SET FOR LIFE

10 In pairs, role play a situation where one person offers help to another person in a difficult situation. Follow the instructions.

- Choose a situation from Exercise 8 or think of a situation from your own life.
- Write the scene. Use the expressions from the Useful Phrases box.  
**Student A:** Say how Student B looks and ask what is wrong.  
**Student B:** Explain how you feel and why.  
**Student A:** Offer help or advice.  
**Student B:** Thank Student A for his/her suggestions.
- Practise your dialogue. Remember to use body language and your voice to show emotions.
- Present the dialogue for the class or record it on your phone.

## USEFUL TIPS

When you communicate with someone, try to read their emotions. This can help you to understand how people are feeling and offer help.

Look at people's body language.

Listen to their voice.

Think about how you usually feel in the same situation.

Ask how a person is feeling.

## USEFUL PHRASES

### Identifying emotions

- You seem (a bit/quite) unhappy.
- You look/sound (really) excited/bored.

### Offering help

- Is everything OK?/Is something wrong?
- What's the matter?
- Can I do anything to help?
- Do you want to talk about it?

### Offering advice

- When I feel ..., I usually ...
- Why don't you/I/we ...?



# Progress Check Units 1-3

## Vocabulary and Grammar

1 Complete the second sentence with the word in bold so that it means the same as the first one. Use no more than four words.

1 I think it's relaxing to watch films with friends.  
**FEEL**

I *feel relaxed* when I watch films with friends.

2 He was very interested in art and painting.  
**INTO**

He \_\_\_\_\_ art and painting.

3 She found that reading poetry was boring.  
**GOT**

She \_\_\_\_\_ when she read poetry.

4 Yesterday we went to the theatre, not the cinema. **GO**

Yesterday we \_\_\_\_\_ to the cinema, we went to the theatre.

5 I watch soap operas on Fridays and Sundays.  
**TWICE**

I watch soap operas \_\_\_\_\_.

2 Complete the text with one word in each gap.

When I <sup>1</sup> *was* twelve, my grandma gave me two baby rabbits for my birthday. They <sup>2</sup> \_\_\_\_\_ very small and really cute. Now they're bigger, but they're still amazing. Their names are Fluffy and Snowy. They're quite easy to look after. I feed them and I brush them <sup>3</sup> \_\_\_\_\_ day. I also have to clean their cage and buy food <sup>4</sup> \_\_\_\_\_ them. Mum has an allergy to fur, so she <sup>5</sup> \_\_\_\_\_ brushes them. My brother also wanted to get a pet. <sup>6</sup> \_\_\_\_\_ weekend Mum took him to the pet shop and got him a fish.



3 Complete the text with the correct form of the words in brackets.

Some people say teens are too much into technology, but I disagree. In my free time I watch video clips of my favourite <sup>1</sup> *musicians* (**MUSIC**) like Lorde or Lana Del Rey on my phone. For school projects I watch <sup>2</sup> \_\_\_\_\_ (**DOCUMENT**) on my computer. I also use my computer for shopping. Last week I bought some new <sup>3</sup> \_\_\_\_\_ (**TRAIN**) from an online sports shop. I like talking to my friends on my phone. My best friend, Charlie, is a very <sup>4</sup> \_\_\_\_\_ (**CHAT**) person, so we talk for hours! I get <sup>5</sup> \_\_\_\_\_ (**ANNOY**) when people say teens use too much tech. It isn't true.

## Speaking

4 Complete the dialogue with the words below. There is one extra word.

~~about~~ ask because believe  
realise sorry worry

A: How do you feel <sup>1</sup> *about* game shows?

B: If you <sup>2</sup> \_\_\_\_\_ me, they're awful.

A: Don't say that! I really like game shows.

B: I'm <sup>3</sup> \_\_\_\_\_. Maybe they are OK.

A: Well, I'm feeling excited <sup>4</sup> \_\_\_\_\_ my mum's on a game show today.

B: I don't <sup>5</sup> \_\_\_\_\_ it! You're kidding. Sorry again!

A: Don't <sup>6</sup> \_\_\_\_\_. Do you want to come and watch the show?

B: OK. Maybe I'll like it after all!

5 In pairs, follow the instructions.

Student A: Go to page 138.

Student B: Go to page 144.

## Listening

6 Does your school have a website? What things are interesting for a school website?

7 **PC1-3.1** Listen to the dialogue. Match students 1-4 with things they do for the website a-f. There are two extra answers.

- |                                    |                |
|------------------------------------|----------------|
| 1 <input type="checkbox"/> Julia   | a design       |
| 2 <input type="checkbox"/> Natalie | b chief editor |
| 3 <input type="checkbox"/> Theo    | c photography  |
| 4 <input type="checkbox"/> Arlo    | d articles     |
|                                    | e animal blog  |
|                                    | f games blog   |

## Reading

# Wear it and feel it



Do you always wear black or white? Or do you choose clothes in different colours for different days? Maybe we don't know why we choose different colours, but read on to see how colours can change the way you feel.

Blue helps you to relax when you are stressed. It can also help your creativity. Put on a comfortable blue tracksuit and start painting or writing! But be careful. Blue is a cold colour, so if you feel sad, don't wear your blue hoodie. Choose a green one instead. The colour of trees is also relaxing and makes us think of nature.

Red and pink are the colours of love, but red is more energetic, so wear your favourite red dress when you go out with friends. Everyone will want to talk to you! But red can also make you hungry for junk food, so don't wear a red T-shirt every day!

Do you feel tired in the morning? Put on a yellow sweater. Yellow is the colour of the sun. It gives you energy and it can wake you up. Experts say yellow also makes us feel clever, so why not wear a yellow scarf or necklace when you have exams?

Finally, black and white. White helps you feel more confident. It is useful because it goes with everything! Black is a strong colour that can help a shy person feel confident too. Put on your black jeans when you are meeting someone new and match them with a white T-shirt.

8 Answer the questions. Then compare your answers with the class.

- 1 What are your favourite colours of clothes?
- 2 How do you feel when you wear clothes in these colours?

9 Read the article and complete the sentences with a word or a short phrase in each gap.

- 1 These two colours can help you feel more relaxed: blue and green.
- 2 These two colours make you feel full of energy: \_\_\_\_\_.
- 3 If you go to an exam, wear something in this colour: \_\_\_\_\_.
- 4 These colours can help you if you are shy: \_\_\_\_\_.

10 Read the article again and choose the correct answer.

- 1 What does the writer say about clothes and colours?
  - a We have too many choices.
  - b They can change our feelings.
  - c We always know why we choose them.
- 2 Why is it good to paint or write in blue clothes?
  - a Because they make you creative.
  - b Because blue is a colour of nature.
  - c Because blue always makes you happy.
- 3 Why are red clothes a bad thing to wear every day?
  - a They can make you fall in love.
  - b They can take away your energy.
  - c They can make you want to eat more.
- 4 What do experts say about the colour yellow?
  - a It is good for us on sunny days.
  - b It makes us feel tired.
  - c It makes us feel intelligent.
- 5 Why is white a useful colour?
  - a It is good for any meeting.
  - b It matches all other colours.
  - c It makes you feel strong.

## Writing

11 Tick (✓) the shows and performances that you like.

- |  |   |
|--|---|
| <input type="checkbox"/> dance shows         | <input type="checkbox"/> street theatre       |
| <input type="checkbox"/> films at the cinema | <input type="checkbox"/> plays at the theatre |
| <input type="checkbox"/> open-air concerts   |   |

12 Write a blog entry about a show or performance that you saw. Include the information below.

- where and when you went
- what you saw
- how you felt